



EXISTENTIAL INTELLIGENCE AND INCLUSIVE WELLBEING – AN “INNER ENGINEERING” APPROACH

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POINTS OF DISCUSSION

1

What is “Existential Intelligence”? Why is it important to SDGs and business education?

2

What is an "inner Engineering" Approach? How would it enhance “Existential Intelligence”?

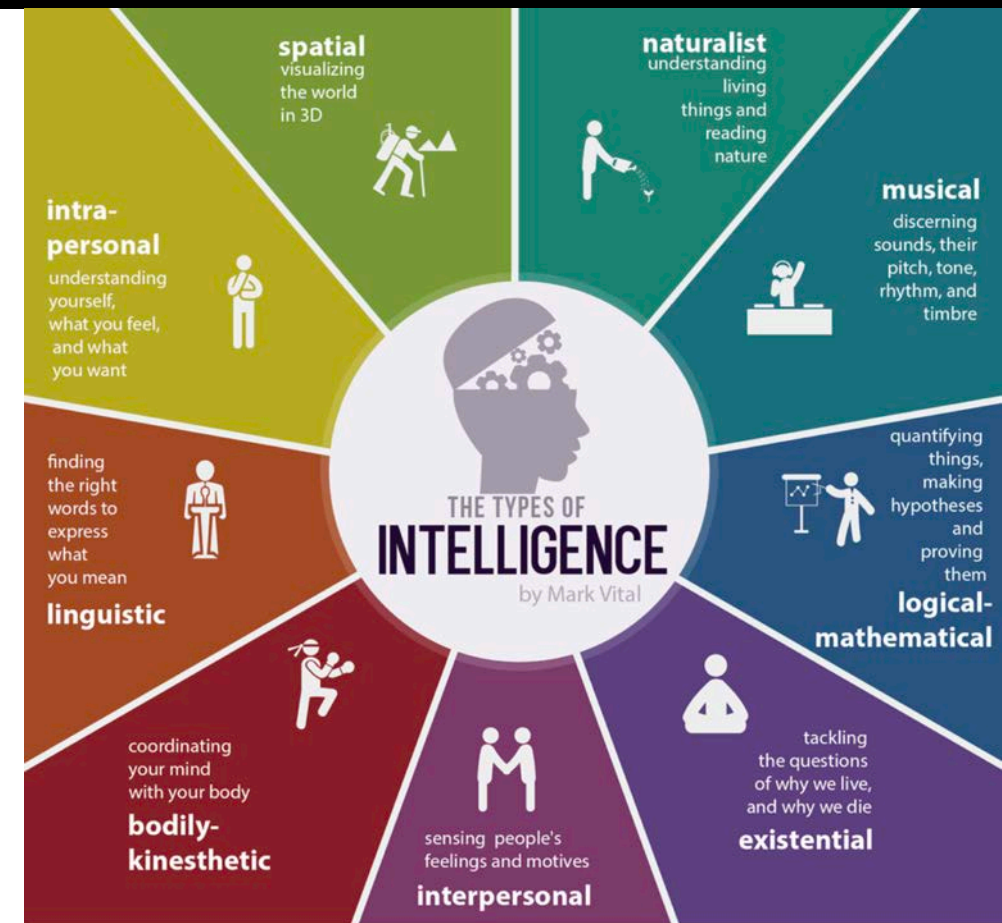
3

What are the challenges and opportunities of addressing “Existential Intelligence” in business education?

9TH MULTIPLE INTELLIGENCE?

“the capacity to locate oneself with respect to the furthest reaches of the cosmos—the infinite and the infinitesimal—and the related capacity to locate oneself with respect to such existential features of the human condition as the significance of life, the meaning of death, the ultimate fate of the physical and the psychological worlds, and such profound experiences as love of another person” (Gardner, 1999, p. 60).

Infographic Image (right) from <https://blog.adioma.com/9-types-of-intelligence-infographic/>



QUESTIONS

Has "Existential Intelligence"
passed the test?

How would it be measured?

Is it the same as "spiritual"?

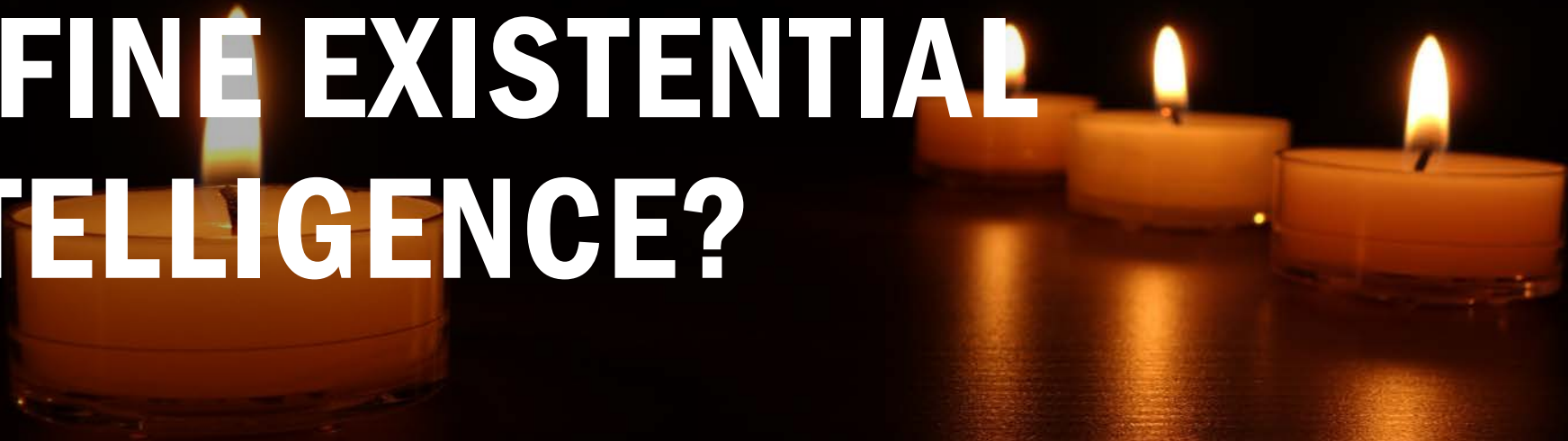
Is it 9th or foundational?




A BRIEF DEFINITION

The capacity to *experience* the *essential*
(inclusive) nature of life.

**HOW WOULD YOU
DEFINE EXISTENTIAL
INTELLIGENCE?**



A close-up, slightly blurred photograph of a golden wheat field. The stalks are in sharp focus in the foreground, creating a sense of depth. The background shows a vast field stretching to a horizon line under a bright, clear sky. The overall color palette is warm, dominated by yellows and oranges.

**WHY IS “EXISTENTIAL
INTELLIGENCE”
IMPORTANT TO SDGS
AND BUSINESS
EDUCATION?**

WHY IS IT IMPORTANT?

Sustainability -
Inclusiveness

Artificial
intelligence

Business education
at crossroads

**“MIND IS EXCLUSIVE.
LIFE IS INCLUSIVE.”**

Sadhguru Jaggi Vasudev

PHENOMENOLOGICAL OBSERVATION OF LIFE

- Self-maintenance and self-regeneration - “life is a factory that makes itself from within.” Capra and Luisi (2014, p.132)
- Nonlocalization and emergent properties.
- Interaction with the environment - A living thing is an “*operationally closed*” system and a “*thermodynamically open system*” simultaneously.



“REBALANCING MBA EDUCATION”

“The core of our conclusion is that business schools need to do two things: reassess the facts, frameworks, and theories that they teach (the “knowing” component), while at the same time rebalancing their curricula so that more attention is paid to developing the skills, capabilities, and techniques that lie at the heart of the practice of management (the “doing” component) and the values, attitudes, and beliefs that form managers’ world views and professional identities (the “being” component).”

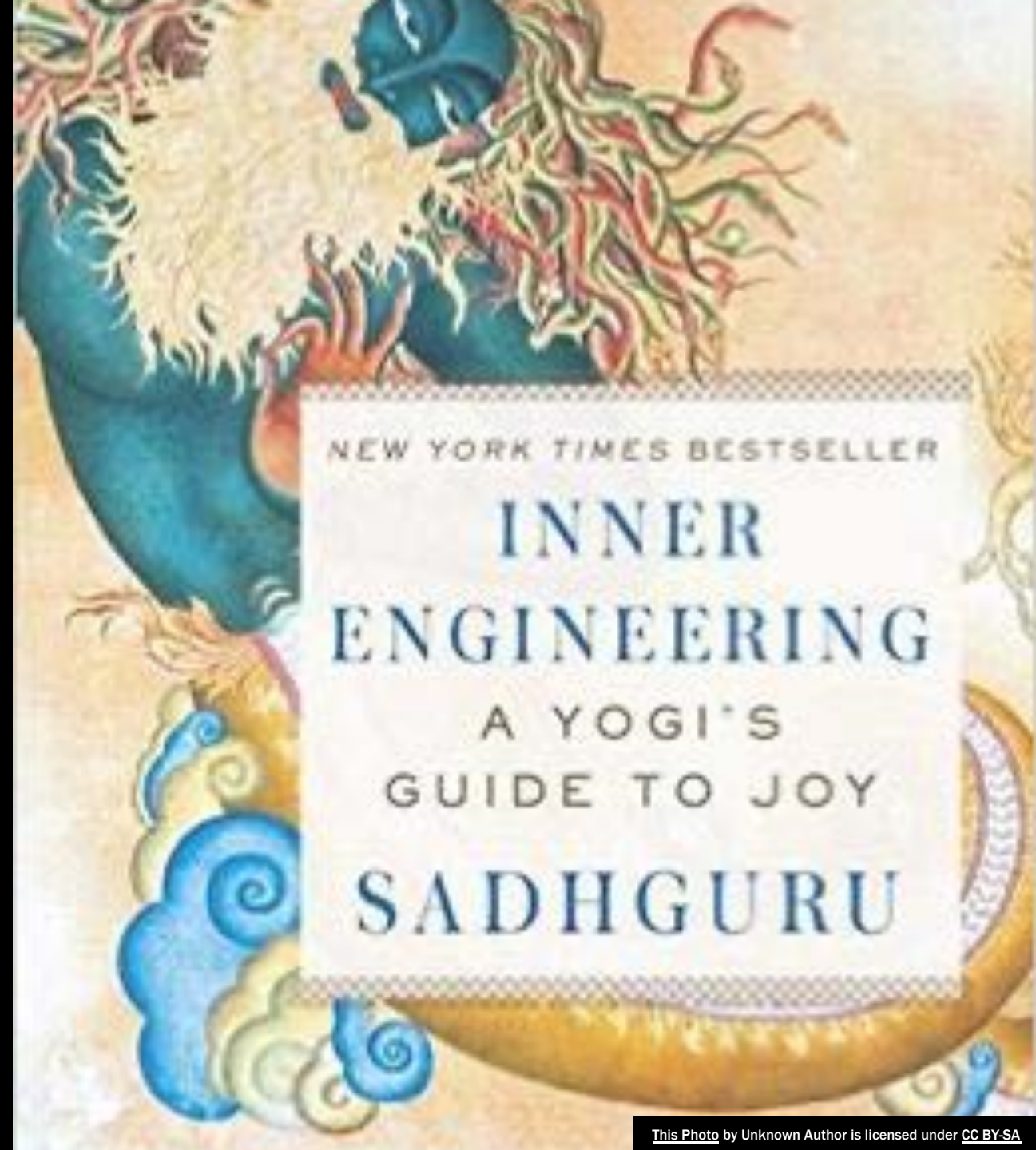
Datar, Garvin, and Cullen (2010, p. 456)

“INNER ENGINEERING”

“As there is a technology to create external wellbeing, there is a whole dimension of science and technology to create inner wellbeing.”

“Inner Engineering is a technology for wellbeing derived from the ancient science of yoga.”

Sadhguru,
www.innerengineering.com





Maxwell Kennedy and Sadhguru Jaggi Vasudev
Yoga for Sustainable Development Goals
International Day of Yoga, June 21, 2016
United Nations



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YOGA FOR PEACE



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WHAT WAS YOUR EXPERIENCE?



EXPERIMENT

“You may notice this about yourself, when you feeling pleasant, you want to expand, when you are fearful, you want to contract. Try this. Sit for a few minutes in front of a plant or tree. Remind yourself that you are inhaling what the tree is exhaling and exhaling what the tree is inhaling. Even if you are not yet experientially aware of it, establish, a psychological connection with the plant. You could respect this several times a day. After a few days, you will start reconnecting with everything around you differently. You won’t limit yourself to a tree.”

Sadhguru, Inner Engineering, (2016, p. 94)

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<https://www.youtube.com/watch?v=RltP32oi85Y>



OPPORTUNITIES CHALLENGES QUESTIONS

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